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Kolkata Celebrates Senior Living with Jagriti Dham

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Kolkata Celebrates Senior Living with Jagriti Dham

Kolkata recently showcased its progressive approach to eldercare with two inspiring events led by Jagriti Dham, the city's premier senior living home. The events emphasized the significance of healthy lifestyles, community connections, and advanced wellness solutions for the elderly, redefining the essence of life after 60.

Jagriti Dham played a pivotal role in the 4th Annual State Conference of the Geriatric Society of India (GSI), West Bengal Chapter, by hosting a dedicated session titled "Is Community Living Set to Be the New Norm for Independent and Assisted Elder Care Living?" The panel discussion, led by Dr. Dhiresk Kumar Chowdhury, featured notable figures such as Jayanta Narayan Chatterjee, Dr. Arunansu Talukder, Aninda Das, Dr. Kaushik Pandit, Soumyajit Mahapatra, and RJ Arvind. Aninda Das announced the integration of Jivagram, a world-class Ayurvedic center, into Jagriti Dham's facilities. This move aims to bring holistic wellness practices to seniors, combining traditional Ayurveda with modern eldercare techniques.



















In a vibrant show of energy and enthusiasm, Jagriti Dham also participated in the JBG Kolkata World 10K marathon with its Senior Citizen 3K initiative. This event allowed senior citizens to embrace fitness and camaraderie while experiencing the excitement of a marathon. It symbolized the belief that staying active is not just about health but also about celebrating life. Aninda Das, representing Jagriti Dham, expressed, "Our goal is to inspire seniors to view their golden years as an opportunity to thrive, build connections, and enjoy every moment to the fullest."





















Jagriti Dham's focus on blending luxury with care has made it a pioneer in the senior living space. By introducing facilities like Jivagram, it is ensuring that its residents have access to world-class healthcare and wellness under one roof. The integration of Ayurvedic therapies into daily life is expected to set new standards for eldercare, promoting physical and mental well-being.












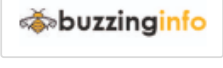








Kolkata's support for senior living was evident through these initiatives, highlighting the city's commitment to its aging population. Events like the Senior Citizen 3K not only promote a healthy lifestyle but also create a sense of community and shared purpose among participants. They are a reminder that life after 60 can be just as fulfilling, with the right support and opportunities.





















Jagriti Dham continues to redefine senior living in Eastern India by offering a blend of comfort, companionship, and wellness. Its dedication to providing quality care and meaningful experiences ensures that seniors can live with dignity and joy. For further details, visit <https://www.jagritidham.com/>.





















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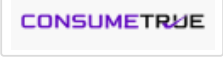


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1		Google	36,95,00,000	View Release
2		Yahoo	23,98,00,000	View Release
3.		The Hindustan Express	143,688	View Release
4.		123 men Life	105,200	View Release
5.		Daily gossip online	90,856	View Release
6.		Popular Reads	89,691	View Release
7.		Rabale	68,005	View Release
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59.		Gossip Today	8,921	View Release
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72.		Haryana News Line	8,043	View Release
73.		India World News	8,000	View Release
74.		Insider India Times	8,000	View Release
75.		The Report World	7,659	View Release
76.		Nagpur Project News	7,590	View Release
77.		The Quick Update	7,560	View Release
78.		Weekly News Report	7,554	View Release

79.		Business Line Print	7,500	View Release
80.		Traveller News India	7,500	View Release
81.		Quick News Now	7,000	View Release
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83.		India Globalnews	6,890	View Release
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85.		Report World	6,751	View Release
86.		India Forbes News	6,570	View Release
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88.		The Report Net	6,500	View Release
89.		News Today Pro	6,500	View Release
90.		Report News	6,500	View Release
91.		Andhra Newsd Digest	6,451	View Release
92.		Indian World News	6,000	View Release
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94.		The Daily Glimpse	5,900	View Release
95.		Rapid Report	5,890	View Release
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101.		Insightful News	5,050	View Release
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103.		State News Today	4,950	View Release
104.		Tripura News Point	4,845	View Release
105.		Tri media	4,651	View Release
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